

## TEACHERS' DAY SPECIAL



The Heart of Education

## FACE TO FACE



Research?  
It's Easier than  
You Think!



Planting a Seed for the Future

## IN FOCUS



Learning to Treat the Community

## HAPPENINGS



NHG Education visits 3M



3 Things  
You May not Know About the  
LKCMedicine Medical Library

## UPCOMING EVENTS



SINGAPORE  
**HEALTH &  
BIOMEDICAL**  
CONGRESS

12 - 13 October 2017  
Max Atria, Singapore EXPO  
14 October 2017  
LKCMedicine, Novena Campus  
<https://shbc.com.sg/>

**HOMER Meeting**  
pushing the frontiers of health professions education

Tuesday, 7 Nov 2017,  
12PM - 1.30PM  
TTSH Theatre, TTSH Ward Block Level 1  
To Register: [bit.ly/HOMERMeeting](http://bit.ly/HOMERMeeting)

## NHG Education

Tan Tock Seng Hospital, Annex 2 Level 3 East Wing, 7 Jalan Tan Tock Seng, Singapore 308440  
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INSPIRING Professionals  
IMAGINING Tomorrow  
Re INVENTING Healthcare

NHG EDUCATION



# The Heart of Education

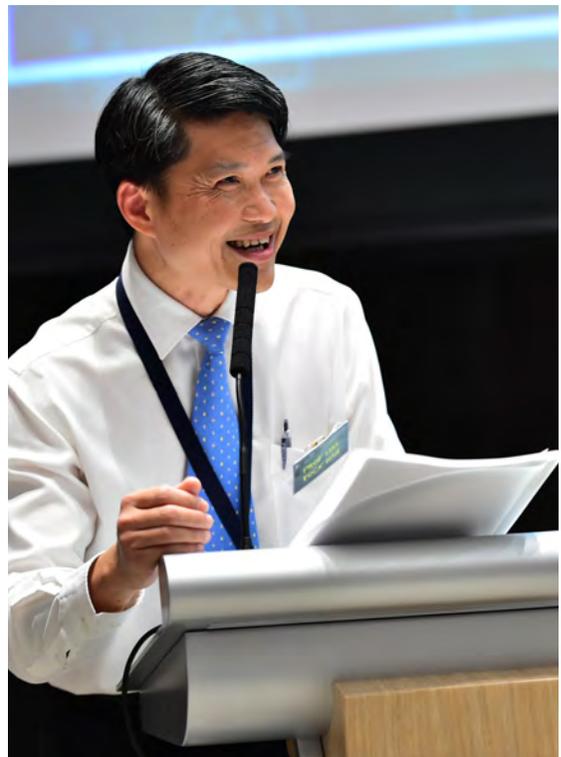
BY EUGENE SENG

167 healthcare educators were honoured at this year's National Healthcare Group (NHG) Teachers' Day, held on 15 September at the Nanyang Technological University Lee Kong Chian School of Medicine Novena Campus Clinical Sciences Building.

"This is a landmark year for NHG Education, our capacity for clinical teachers and educators have grown by 25 per cent, contributing to a wide spectrum of education work," said Professor Lim Tock Han, Deputy Group Chief Executive Officer (Education and Research), NHG, in his opening speech.

He shared that some 380 new clinical teachers across various health professions joined the pool of NHG educators in 2017, bringing the total number up to 1,900.

Prof Lim went on to congratulate and express his gratitude to the awardees for sharing their knowledge and experience with their learners. "Not only have you taught them how to use the hardware, how to use the software, you have also touched their hearts," said Prof Lim. "As educators, our key role is to develop the 'heart-ware' of our learners."



**Professor Lim Tock Han during his opening address.**



Special tribute was also paid to Associate Professor Tham Kum Ying, Education Director (Pre-Professional Education Office) and Senior Consultant (Emergency Education Office), Tan Tock Seng Hospital, who received the National Outstanding Clinician Educator Award at this year's National Medical Excellence Awards, held in August.

During her acceptance speech, Assoc Prof Tham thanked those who journeyed with her. "The award, while it carries my name, actually belongs to all my students, residents, trainees, nurses, allied health professionals, paramedics; people who gave me the privilege and honour to teach them, and to share a bit of my knowledge," she said. "Without the students, learners, residents, trainees and those who shared their time with me, teaching excellence and educator awards have no meaning."



**National Outstanding Clinician Educator Award recipient, Associate Professor Tham Kum Ying giving her acceptance speech.**



**With 167 awardees, a new way of award presentation was introduced.**

# TEACHERS' DAY

## NHG TEACHING EXCELLENCE AWARDS 2017

### NHG Education Leaders Award

#### NATIONAL HEALTHCARE GROUP POLYCLINICS

Ms Lim Li Ching

#### NATIONAL SKIN CENTRE

Dr Martin TW Chio

#### TAN TOCK SENG HOSPITAL

A/Prof Alan Ng Wei Keong

Mr Lawrence Lim Eng Huat

Mr Lim Pang Hung

Ms Lim Siew Geok

### NHG Inter-professional Teaching Award

#### INSTITUTE OF MENTAL HEALTH

Ms Goh Ai Sze

Ms Helen Lee May Eng

#### NATIONAL HEALTHCARE GROUP POLYCLINICS

Ms Yeoh Hui Ling

#### TAN TOCK SENG HOSPITAL

Ms Julie Tan Siew Kheng

Ms Lam Chin Chin

Dr Lim Su Ann

Mr Rahmat b Jasmani

Dr Tong Mei Ling

Dr Wendy Ng Khar Gek

#### NHG EMERGENCY RESIDENCY PROGRAMME

Dr Ang Joo Shiang

Dr Teo Han Jie

### NHG Outstanding Education Partners Award

#### DOVER PARK HOSPICE

Dr Ong Wah Ying

#### KK WOMEN'S AND CHILDREN'S HOSPITAL

Dr Chua Tze-Ern

#### KHO TECK PUAT HOSPITAL

A/Prof Eillyne Seow

Dr Phua Eng Joo

#### MISSION (BUKIT BATOK) MEDICAL CLINIC

Dr Lee-Oh Chong Leng

#### NUS ALCNS

Dr Goh Yong-Shian, Shawn

#### NANYANG POLYTECHNIC

Ms Sim So Sin

#### THOMSON SPECIALIST SKIN CENTRE

Dr Tan Hiok Hee

#### TAN TOCK SENG HOSPITAL

Dr Kok Lee Peng

### NHG Teaching Award for Allied Health Educators

#### INSTITUTE OF MENTAL HEALTH

Ms Geraldine Tay Shu Ning

Ms Joanna Ashley Tan Siew Kei

Ms Lee Liang Yi

Mr Loh Yiang Theng

Ms Lua Shun Wei

#### NATIONAL HEALTHCARE GROUP DIAGNOSTIC

Ms Pearly Tan Xian Hui

#### TAN TOCK SENG HOSPITAL

Ms Felicia Oh Xue Ling

Ms Francisca Stephen Lee

Ms Lim Wei Yin

## **NHG Teaching Award for Allied Health Senior Educators**

### **INSTITUTE OF MENTAL HEALTH**

Ms Ho Soo Fung  
Ms Ong Li Min  
Ms Shannon Peh Yu Xi  
Ms Tracy Wee Ye Mei

### **TAN TOCK SENG HOSPITAL**

Mr Tan Tian Wui  
Ms Tee Lee Huan

## **NHG Outstanding Nurse Teachers Award**

### **INSTITUTE OF MENTAL HEALTH**

Ms Hu Yanan

### **NATIONAL HEALTHCARE GROUP POLYCLINICS**

Ms Gao Hua  
Ms Ismail Saqila  
Ms Kang Yimin

### **NATIONAL SKIN CENTRE**

Ms Kong Kim Yoke

### **TAN TOCK SENG HOSPITAL**

Ms Barbara Tang Choy Ngun  
Ms Foo Chui Ngoh  
Ms Isabella Song Guitao  
Ms Kylie Tang Lee Sung  
Ms Marilyn Wan Mei Ting  
Ms Priscilla Fu Qixin  
Ms Wang Xiaxia

## **NHG Teaching Award for Junior Doctors**

### **NHG ENDOCRINOLOGY RESIDENCY PROGRAM**

Dr Abel Chen Weiliang

### **NHG GENERAL SURGERY RESIDENCY PROGRAMME**

Dr Hong Qiantai  
Dr Sunder S/O Balasubramaniam

### **NHG GERIATRIC MEDICINE RESIDENCY PROGRAMME**

Dr Raphael Lee Hsien Xiong

### **NHG INFECTIOUS DISEASES RESIDENCY PROGRAMME**

Dr Mucheli Sharavan Sadasiv

### **NHG INTERNAL MEDICINE RESIDENCY PROGRAMME**

Dr Chiew Yi Rong  
Dr Chong Cui Lian Vanessa  
Dr Dsouza Jason Martin  
Dr Joanne Xie Peiting  
Dr Lai Yexian Jonathan  
Dr Lee Shang Ming Samuel  
Dr Liew Ian Tatt  
Dr Sabrina Lau Yanting

### **NHG NATIONAL PSYCHIATRY RESIDENCY PROGRAMME**

Dr Chris Tan Ze Jia  
Dr Damien Lai Ping Liang  
Dr Geoffrey Tan Chern-Yee

Dr Lee Kok Wei

Dr Tay Kai Hong

### **NHG ORTHOPAEDIC SURGERY RESIDENCY PROGRAMME**

Dr Allan Ng Shao Hui  
Dr Kumaran S/O Rasappan  
Dr Mark Tan

Dr Michael Yam Gui Jie

Dr Tan Tong Leng

### **NHG OTORHINOLARYNGOLOGY RESIDENCY PROGRAMME**

Dr Lim Quan Qing Richmond  
Dr Lock Shern Xin Paul

### **NHG RHEUMATOLOGY RESIDENCY PROGRAMME**

Dr Chua Choon Guan

### **NHG UROLOGY RESIDENCY PROGRAMME**

Dr Jegathesan Thiruchelvam  
Dr Kwok Jia Lun  
Dr Yeow Yuyi

### **NATIONAL HEALTHCARE GROUP POLYCLINICS**

Dr Kee Kok Wai

Dr Sim Sai Zhen

Dr Teh Kailin

### **NATIONAL SKIN CENTRE**

Dr Lee Hwee Chyen

## NHG Teaching Award for Nursing Preceptors

### INSTITUTE OF MENTAL HEALTH

Mr Arumugum Govindasamy  
Mr Caterial Noner Ivan  
Ms Chen Jinghui  
Mr Choy Kwok Fu  
Mr Cui Song Song  
Mr Eugene Lai Yujun  
Mr Gitana Kit Ortile  
Ms Ho Soo Kim  
Ms Hu Xiaomei  
Ms Jancirani Annamalai  
Mr Jeremy Yao Hongcheng  
Mr Jin Peishu  
Mr K. Mogan  
Mr Kong XiangJun  
Ms Krishnan Priya  
Mr Kuganesh S/O Suppiah  
Mr Lim Tien Joo  
Mr Ma Qiang  
Ms May Thu Kyaw  
Ms Mina Nagapan  
Ms Nur Amaliana Binte Kasmidi  
Ms Nur Liyana Hafizah Binte Moh Omar  
Mr Palcongan Samuel Gawiden

Ms Peji Melindy Lauriquez

Ms Phu Hui Huang

Mr Roland Lee Yuen Kong

Ms Siti Aisha Binte Bakri

Ms Stephanae Eileen Fitzgerald

Ms Suralta Camila Olais

Ms Tay Jing Ling

Mr Tolentino Kim Reynoso

Ms Valarmathy Pallaraman

Mr Wang Yong

Mr Wen Daowen

Mr Yang Jun

Ms Yvonne Ong Jia Jing

Ms Zhao Bin

### NATIONAL HEALTHCARE GROU POLYCLINICS

Ms Nirmala N

Ms Rosna Bte Sabani

Ms Zaiton Binte Osman

Ms Zel Soh Eng Luan

### NATIONAL SKIN CENTRE

Ms Chong Hui Ling Agnes

Ms Norlaila Bte Kamarudin

### TAN TOCK SENG HOSPITAL

Ms Aberamy D/O Appavoo

Ms Audrey Wong Poh Yoke

Ms Choo Mei Mei Lilian

Ms Elaine Choo Li Ming

Ms Fiona Tan Ai Ping

Ms Golpeo Cecilia Ong

Ms Lalaine Andag

Mr Lau Li Kang

Ms Li Xiaoyu

Ms Li Yuan (Jennifer)

Ms Lin Caili

Ms Ma Weili

Mr Mohammad Hasri Bin Kamsani

Ms Morales Joanne Faith Palis

Ms Nang Sang Hein

Ms Nurfalina Binte Samsuri

Ms Ong Poh Poh

Ms Queennie Lee

Ms Serene Tan Leong Hwee

Ms Shakela Devi

Ms Song Hui Ling Geraldine

Ms Tan Mui Lee

Ms Tiffany Ho Sze Yin

Mrs Ushadevi D/O Ramasamy

## NHG Teaching Award for Pharmacy Preceptors

### INSTITUTE OF MENTAL HEALTH

Ms Agnes Wong Liyu  
Mr Earl Tan Hsien Jie  
Mr Franky  
Dr Julius Pangjaya  
Mr Loo Kien Seng  
Mr Philip Wan Han Lin  
Mr Toh Zhen Ann

### NATIONAL HEALTHCARE GROUP PHARMACY

Mr Gary Wiratama Chandra  
Ms Jen Pei Hsuan

### TAN TOCK SENG HOSPITAL

Ms Lim Jia Hui

## NHG Teaching Award for Pharmacy Senior Preceptors

### NATIONAL HEALTHCARE GROUP PHARMACY

Ms Sandra Xu Jialun

### TAN TOCK SENG HOSPITAL

Mr Reuben Lim Siong Peng

Ms Tay Hui Lin

Ms Wong Yee May

# Planting a Seed for the Future

BY EUGENE SENG



**Clinical Professor C Rajasoorya giving his opening speech.**

Some 200 health professions students and professionals attended the 4th Khoo Teck Puat Hospital (KTPH) Teachers' Appreciation Day celebrations, held on Wednesday, 27 September, at the KTPH Auditorium. Co-organised by the KTPH Education Development Office and Residency Programme Office, the annual celebration honours clinical educators who have dedicated their time to teach, mentor and inspire young learners who walked through KTPH's doors.

In his opening speech, Clinical Professor C Rajasoorya, Director, Education Development Office, KTPH, likened the planting of a seed to describe how learners should be nurtured. "When you plant a seed that grows into a plant, you need to make sure that the plant turns out into something useful for the future. It's just not sufficient to put the seed and plant the seed, I think it's our job (as educators) to make sure that the soil is fertile; we ensure rain comes in -not too much; we ensure the sun comes in -not too strong; and the plant grows, that is nurturing, and that is teaching," he said.

Prof Rajasoorya went on to share an anecdote of how his ex-student, Dr Ester Yeoh, who is now a Consultant Endocrinologist with the Diabetes Centre and Department of General Medicine at KTPH, became his friend and colleague. "I do consult her time and again, if I have a query in her speciality, isn't it nice?"

"If you can learn from your student in the future, but more so every time my students compliment her (Dr Yeoh), I am indeed very proud to say, 'she was my student before!'" he quipped.

Prof Rajasoorya also shared his encounter with Dr Low Tut Choon, Senior Consultant, Anaesthesia, KTPH -who was his senior and Head of Department in the formative years of his medical career.

"Dr Low has been a great inspiration and support to me when I came to Alexandra Hospital as a registrar. Subsequently even when I became Chairman Medical Board -officially his boss, I still learnt a lot from him, passively about how to encourage and nurture the next generation," he said. "[Until today] Dr Low remains a great friend and a confidante."

# Research? It's Easier than You Think!

BY EUGENE SENG

Many people cringe at the thought of doing 'research'. Unless you have a keen interest to delve deeper into a particular subject, or you are an academic or scientist, research is just another eight-lettered activity that connotes months of gathering, analysing and interpreting data.



**Back row (fourth from left): Adjunct Assistant Professor Chan Ee Yuee and her team.**

To Dr Chan Ee Yee, Assistant Director, Nursing Research and Evidence Based Nursing, Tan Tock Seng Hospital, her intention to embark on the NHG-HOMER funded research was simple; she wanted to determine the effectiveness of her research mentorship programme -whose objective is to equip clinical nurses with research knowledge and skills needed for them to conduct nursing research projects and champion evidence-based practice.

Though her programme received positive feedback, Dr Chan wanted her programme's success to be substantiated with data, or else "it is just rhetoric". "The ability to show objective data helps to justify that our programme is worthy for us to explore and continue the research mentorship pedagogy in the clinical environment," elaborated the FY2015 NHG-HOMER Grant recipient.

Dr Chan hopes that NHG-HOMER Grant will continue to fund health professions education research to encourage other young health professionals to pursue research and evidence-based clinical practice.

When asked about the grant application process, Dr Chan said without hesitation: "I can't thank HOMER enough for their support and resources... it (the application) was simpler than the others I applied for, it was very straightforward, and could be completed quickly."

She added that aside from the support received, HOMER also creates opportunities for applicants like her to network and collaborate with fellow colleagues and professionals from other disciplines. "From the meetings and seminars, we get to know each other, see how we can collaborate inter-professionally, and contribute towards advancing education and training, not just for our own professions but together as a body in NHG."

Adjunct Assistant Professor Chan Ee Yuee is an Assistant Director of Nursing at the Tan Tock Seng Hospital where she leads nursing research and evidence-based nursing. She also teaches nursing research and evidence-based practice (EBP) at National University of Singapore and Nanyang Polytechnic. One of her research interests is in the area of experiential learning, which led her to apply for the NHG-Homer Grant to research on how she could inculcate an EBP culture among her nurses. Her other research interests are in aged care and community care.

## About the HOMER Grant

The NHG-HOMER Grant is a short-term grant designed to encourage clinicians, nurses, allied-health professionals, and education researchers and ancillary staff to embark on health professions education (HPE) research. It funds projects that answer research questions in key areas in health professions education that will increase NHG educators' knowledge of the theory and practice of HPE.



To find out more about the NHG-HOMER Grant: <http://www.nhgeducation.nhg.com.sg/homer/homer-grant/>

# 3 Things You may not Know About the LKCMedicine Medical Library

BY EUGENE SENG

Nestled on the 20th floor of the Clinical Sciences Building at the Novena Campus, the new Lee Kong Chian School of Medicine Medical Library is a 'hidden' lookout point which offers an unobstructed view of Singapore's landscape. Here are three other things you might not know about it:



## 1. The View that Almost Never was



Originally allocated to LKCMedicine's top management, the top floor was turned into a library as the management felt that the view should be enjoyed by all.



### Fun Fact

LKCMedicine and HealthCity Novena staff and their families got to enjoy an unobstructed view of the fireworks display, at this year's National Day celebrations.

## 2. Nothing Goes to Waste



As part of NTU's sustainability efforts, the trees that had to make way for campus development were turned into artworks and furniture.

### **A Slice of Nature in the Library**

A paludarium was added to the once-enclosed study room to make the area more relaxing, less claustrophobic, and to bring a slice of nature indoors.

### **Fun Fact**

The current paludarium inhabitants include a praying mantis, terrestrial crabs, fishes, shrimps, butterfly loaches and plants.



## 3. It is Open to ALL NHG Staff







# Learning to Treat the Community

BY EUGENE SENG

Some 90 residents (junior doctors training to be specialists) from the National Healthcare Group (NHG) Residency bonded with more than 160 seniors over a game of 'Life Experiences' bingo and jigsaw puzzle at four Senior Activity Centres (SACs) in Toa Payoh, Potong Pasir and Bendemeer, on 29 July and 5 August 2017.

Partnering with Community Chest Singapore, it was the first time new NHG Residents, faculty and staff visited the Senior Activity Centres managed by Care Corner, Calvary Community Care and Lion Befrienders as part of NHG Residency's 3rd Community Engagement Day (CED).

"It is an opportunity to get us [doctors] to think about what we should do for our patients, and our community," said Associate Professor Nicholas Chew, Designated Institutional Official, NHG Residency, in his opening address. A/Prof Chew elaborated that the insights gained during the interaction with the elders will enable these new residents to provide better healthcare beyond the hospital walls, and allow the young doctors to appreciate how public health institutions and community care partners work closely



^ NHG Residents and seniors completed various Singapore themed jigsaw puzzles



together to strengthen the care support network for the elderly and their caregivers.

“The most important thing is to understand our patients, learn from them, (and) find out what their backgrounds are,” said Dr William Chan, Programme Director, NHG Rehabilitation Medicine residency programme, who participated in the CED. “It is the relationship with your patients that you will cherish [over time], and hopefully you will learn more about their condition, and how they actually live their lives.”

Associate Professor Tham Kum Ying, Education Director, Tan Tock Seng Hospital, who also joined the



residents shared, “We realised that, the majority of the older folks that we interacted with this morning, have extremely small social circle(s), and they would feel alien should they fall sick and get parachuted in to our hospital.” She added that it is then the duty of the doctors to try to re-establish that common ground for these seniors, so that they would be comfortable seeking treatment.

One resident pointed out that treating the patient as a person instead of the disease would also help doctors better understand the patient’s wants in the shared decision-making process in medical treatment. “We [doctors] tend to forget that the patient’s individual experience may alter what they want in their own care; if they saw their own relatives suffering a lot in ICU, and in the end they still pass away; they would outrightly tell you, ‘I don’t want to go to ICU, or consider this [treatment].’”

Dr Hong Qian Tai, Senior Resident, NHG General Surgery residency programme, shared that, “acquiring these knowledge [about the community] and understanding what goes on in the community is the first step.” He added that residents need to continue to engage the community in order to grow as doctors and to help the community.

“Sometimes, we [as doctors] can be so deeply studied in our area of work that we become blind to the things that we do not know,” said A/Prof Chew. “And I hope that today’s experience will open your mind as you continue to deepen your pursuit in specific areas of medicine.”



**The NHG team who visited the Bendemeer Senior Activity Centre on 5 August.**

# NHG Education visits 3M

BY EUGENE SENG



On 14 September, some 50 participants from NHG Education's GPEM [Guide to Education Programme Management (Education Administrators)] visited the 3M's head office at Yishun. The GPEM participants attended talks by Dr Lee Chi Ying, General Manager, 3M Singapore Health Care Solution Division, and Mei-Ling, Senior Principal Advanced Application Engineer, 3M Research & Development, on the history of 3M, the science behind its products, its culture of innovation, before concluding the visit with a tour of its Customer Technical Center.

Ms Serene Goh, Deputy Director, NHG Education, explained that the objective is to learn how innovation can be ingrained into an organisation such as 3M, whilst working towards their vision to make lives better, easier and safer for people around the world.

"Hopefully, the participants gained fresh insights



**Ms Mei-Ling from 3M shared the 3M innovation story with the GPEM participants.**

on how a culture of innovation can be inculcated, and how an existing process or product can be adapted to respond to changing needs," she said.