

Palliative Medicine Integrated Residency Programme

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Palliative Medicine Residency Integrated Programme is designed to develop residents into competent Palliative Care specialists adept at the 'science and art of medicine' – the science of knowing how to assess and manage complex symptoms, balanced with the art of skilful and sensitive communication with patients and families with life-limiting illnesses.

This is an integrated programme which accepts residents from all 3 healthcare clusters (now known as "training clusters" under the integrated

programme), as well as the community-based palliative care organisations.

The Palliative Medicine Residency Programme is a collaborative effort of all the training clusters. National Healthcare Group (NHG) is the appointed administrative centre for this programme and has the additional responsibility of providing oversight and administrative support for training matters for all Palliative Medicine residents in Singapore.



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more information

in collaboration with:



Pre-requisites for Palliative Medicine Residency Application

All applicants must fulfil the following:

- 1. Employment by a Singapore Public Healthcare Institute or a Community-based Palliative Care Organisation, latest by the start date of Palliative Medicine residency training in the specific year applied.
- 2. Prior Palliative Medicine clinical experience, or completed the Graduate Diploma in Palliative Medicine (GDPM) within the last 3 years.
- 3. Completed training and obtained specialist accreditation in one of the following specialties by the Palliative Medicine residency training commencement date:

- Advanced Internal Medicine
- Geriatric Medicine
- Medical Oncology
- Paediatric Medicine

Applicants who did not undergo the above residency specialty training are required to have Master of Medicine in Family Medicine.

Please refer to NHG Residency Website for more details by scanning on the QR code at the last page.

Assessments

Assessments are anchored on Entrustable Professional Activities (EPAs), with portfolio based summative assessment and exit exam in the form of a Viva Voce.

No	Title
EPA 1	Managing pain in patients with life-limiting illness
EPA 2	Managing non-pain symptoms in patients with life-limiting illnesses
EPA 3	Managing palliative care emergencies
EPA 4	Managing imminently dying patients
EPA 5	Supporting patients and families in the psychosocial and spiritual domain
5.1	Providing support to patients and families in the psychosocial and spiritual domains
5.2	Facilitating the provision of grief and bereavement support to families
EPA 6	Facilitating transitions across the palliative continuum of care
6.1	Facilitating transitions across palliative care settings
6.2	Facilitating terminal discharge for imminently dying patients
EPA 7	Providing palliative medicine consultation and team support

Our Programme

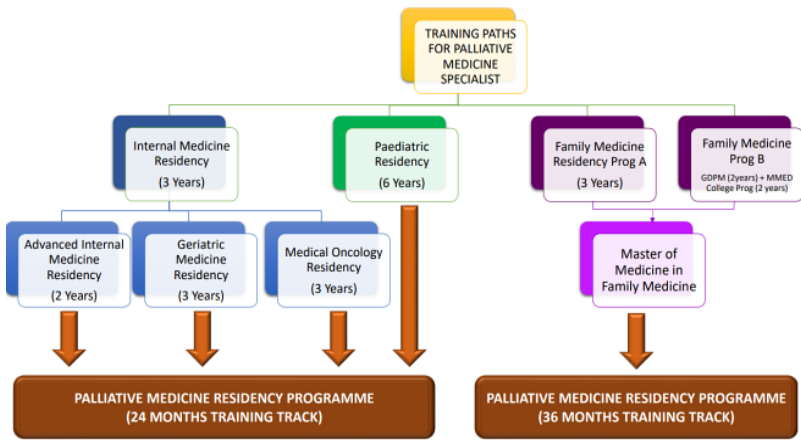
Palliative Medicine Residency will be a 24 months training programme for residents who had completed Advanced Internal Medicine / Geriatric Medicine / Medical Oncology / Paediatric residency training and passed the relevant exit examination.

It will be 36 months training programme for applicants who had acquired Master of Medicine in Family Medicine (either via Family Medicine Residency Programme or College of Family Physicians Programme B).

Postings requirement for a Palliative Medicine resident

Palliative Medicine residents will be attached to palliative care services in acute hospitals, inpatient hospice palliative care services (IHPCS) and hospice home care services.

Residents will also get a chance to do electives in specialties such as Radiation Oncology, Medical Oncology etc. It is mandatory for residents who are in the 36 months training programme to do a 3-month elective posting in Medical Oncology.



Postings	24 Months Training Programme	36 Months Training Programme
Hospital-based Palliative Medicine Service	9 months	15 months
Inpatient Hospice Palliative Care Service (IHPCS)	6 months	6 months
Home Care Service	6 months	9 months
Electives (first year / mid residency)	3 months	6 months (Including 3 months in Medical Oncology)

Options for Elective Postings

1. Medical Oncology (3 months compulsory for residents in 36 months training programme)
2. Radiation Oncology
3. Anaesthesiology – Pain Medicine
4. Rehabilitation Medicine
5. Psycho-oncology
6. Palliative Care for Critically Ill and/or Ventilated Patients – ICU Palliative Care (2 weeks) and Home Ventilation and Respiratory Support (2 weeks)
7. Paediatric Palliative Care - Star PALS (Paediatric Advanced Life Support) under HCA Hospice - only for residents who are intending to work in Paediatric Palliative Care long term

Accredited Training Sites

Residents will be posted to the following accredited training sites for their training.

Hospitals	Inpatient Hospice Palliative Care Services (IHPCS)	Home Care
Tan Tock Seng Hospital	Assisi Hospice	Assisi Hospice
National Cancer Centre	Dover Park Hospice	Dover Park Hospice
Khoo Teck Puat Hospital	Saint Andrew's Community Hospital	HCA Hospice
Changi General Hospital		
Ng Teng Fong General Hospital		

Career path for Palliative Medicine specialists

