The NHG Family Medicine Residency Programme seeks applicants who demonstrate the following essential qualities:

Base Criteria

1. **Clinical Competence**
   a) **Medical Knowledge:** Demonstrate a strong understanding of basic and clinical sciences
   b) **Performance:** Exhibit good work performance and receive positive feedback in medical student, house officer and/or medical officer postings.

2. **Interpersonal and Communication Skills**
   a) **Communication:** Exhibit effective and clear communication with patients, their family members as well as other healthcare professionals.
   b) **Teamwork and Collegiality:** Demonstrate the ability to work well and collaborate with other healthcare professionals, including nursing, allied health, and administrative teams.

3. **Professionalism**
   a) **Integrity and Accountability:** Maintain high standards of integrity and accountability at work.
   b) **Conscientiousness:** Show diligence in completing tasks, such as administrative and clinical work, in a timely manner.

4. **Personal Attributes**
   a) **Resilience:** Demonstrate the ability to withstand and recover quickly from difficult situations.
   b) **Teachable:** Demonstrate a willingness to learn and apply new knowledge and skills.
   c) **Commitment:** Committed to personal and professional growth and show dedication to completing the 3-year NHG Family Medicine Residency Programme.

Optional Criteria

5. **Clinical Experience in Relevant Postings**
   a) Experience as a medical student, house officer or medical officer in Family Medicine related postings.
   b) **Expected Competencies:** Demonstrated good performance in the domains of clinical competence, critical thinking skills, and interpersonal and communication skills.

6. **Research Experience:**
   a) **Research Participation**: Involvement in research and/or quality improvement projects.

Candidates who meet the base and/or optional criteria are eligible to apply for residency training. However, meeting the eligibility criteria does not guarantee a match.