

Updated as of 11 April 2025 The **NHG Sports Medicine Integrated Programme** seeks applicants who demonstrate the following essential qualities:

Base Criteria

1. Clinical Competence

- a) **Medical Knowledge:** Demonstrate a strong understanding of basic and clinical sciences.
- b) **Performance:** Exhibit good work performance and receive positive feedback in prior postings, whether as a medical student, house officer or medical officer.

2. Interpersonal and Communication Skills

- a) **Communication:** Exhibit effective and clear communication with patients, their family members as well as other healthcare professionals.
- b) **Teamwork and Collegiality:** Demonstrate the ability to work well and collaborate with other healthcare professionals, including nursing, allied health, and administrative teams.

3. Professionalism

- a) **Integrity and Accountability:** Maintain high standards of integrity and accountability at work.
- b) **Conscientiousness:** Show diligence in completing tasks, such as administrative and clinical work, in a timely manner.

4. Personal Attributes

- a) **Resilience:** Demonstrate the ability to withstand and recover quickly from difficult situations.
- b) **Teachable:** Demonstrate a willingness to learn and apply new knowledge and skills.
- c) **Commitment:** Show dedication to completing the 3 - year Sports Medicine Integrated Programme.

5. Pre-requisite

To be eligible for Sports Medicine residency training, candidates would have to fulfil either of the 2 pre-requisites below by the commencement date of the residency traineeship:

- a) Acquired the Master of Medicine (MMed) in Family Medicine¹ or
- b) Be fully exited from one of the following base specialties:
 - Advanced Internal Medicine
 - Emergency Medicine
 - Orthopaedic Surgery

¹*Applicants will need to be registered with the Family Physicians Accreditation Board (FPAB).*

Applicants must also fulfil the following criteria:

- Be employed by a Singapore Public Healthcare Institute, latest by the start date of the Sports Medicine Integrated Programme residency training, in the specified year applied.

Optional Criteria

6. Clinical Experience in Relevant Postings

- a) Experience as a medical officer in Orthopaedic Surgery / Rehabilitation Medicine / Other musculoskeletal – focused specialities.
- b) **Expected Competencies:** Familiarity with basic musculoskeletal examination techniques, some knowledge of management of common musculoskeletal conditions.

7. Research Experience:

- a) **Research Participation:** Involvement in research and/or quality improvement projects.

8. Current or prior sports participation

- a) Non-essential but helpful to understand competitive and performance-oriented mind-set of sporting patients.

Candidates who meet the base and/or optional criteria are eligible to apply for residency training. However, meeting the eligibility criteria does not guarantee a match.